learning about the risks and ways to manage and control the disease;

giving of our time and resources to advance diabetes research.

Let's all make an effort to learn about the dangers of diabetes and best prevention practices, let's celebrate, and indeed, let's bring a greater awareness to this terrible disease.

HONORING ATLANTIS STS-129 FLIGHT CREW

(Mr. BOCCIERI asked and was given permission to address the House for 1 minute and to revise and extend his remarks)

Mr. BOCCIERI. Madam Speaker, Godspeed to Michael Foreman. It seems like a short time ago we were offering Godspeed to John Glenn. Mr. Foreman is among six members of the space shuttle Atlantis STS-129 flight team which earlier today blasted off at 2:28, took off from NASA's Kennedy Space Center at Cape Canaveral to begin an 11-day mission making repairs to the international space station. The crew includes: Mission Specialist Michael Foreman, Commander Charles Hobaugh, Pilot Barry Wilmore and Mission Specialists Randy Bresnik, Leland Melvin, and Robert Satcher, Jr.

As a mission specialist aboard this flight, Michael Foreman, from Wadsworth, Ohio, in my district, will participate in two of the mission's three space walks where he will install exterior equipment on the International space station. However, Mr. Foreman is no stranger to space travel. He has logged more than 380 hours in space and completed three previous space walks in other NASA missions.

For his commitment to America's leadership and space exploration, Michael Foreman is a hometown hero, and he brings great pride to the city of Wadsworth and the 16th District. Please join me in wishing him and all members of the Atlantis STS-129 crew the best of luck on this important mission and a safe return on November 27.

STILL INDECISIVE

(Mr. POE of Texas asked and was given permission to address the House for 1 minute.)

Mr. POE of Texas. Madam Speaker, here we are after Veterans Day still indecisive. Our soldiers continue to fight in Afghanistan. Winter is setting in. The commander of our Afghan forces laid out the plan to defeat al Qaeda and their Taliban terrorist pals. General McChrystal says he needs more troops to defeat the terrorists. The response has been months of indecision, doubt and delays that have encouraged the enemy. Losing Afghanistan to radical terrorists hangs in the balance.

So what's the holdup? Vietnam taught us that wars can't be won with political posturing. We owe our troopers a commitment to winning when we put them into the valley of the gun.

Churchill once said, "As long as we have faith in our own cause and an unconquerable will to win, victory will not be denied us." It is that dogged determination, the will to win that is essential to victory and freedom's cause.

The courage and capability of America's fighting men and women are unequalled anywhere in the world. The only thing capable of defeating our military is politics.

And that's just the way it is.

A TRIBUTE TO THE ARES ROCKET

(Mr. GRIFFITH asked and was given permission to address the House for 1 minute.)

Mr. GRIFFITH. Madam Speaker, I rise today to recognize yet another achievement by north Alabama's Marshall Space Flight Center. Last week, Time magazine named NASA's Ares rocket as the best invention of 2009. We have seen time and again that tireless work and flawless execution breeds brilliant results, and that is exactly what we have seen out of the short history of Ares.

A few weeks after an impressive and successful test-flight, Ares received this review from Time magazine, calling the project "the best and smartest thing built in 2009." The review of Ares said that the finest moments from our space program come when bureaucrats give the designers a clean sheet of drafting paper and let them dream. Our brilliant men and women in the American space program can do just that if they receive the funding they need to bring manned space flight to the outer reaches of our universe.

This recognition and the recent Ares flight further prove that the Constellation program is exactly what our country needs—a safe, innovative, affordable, sustainable human space flight exploration vehicle.

WARNINGS FROM THE CENTERS FOR MEDICARE & MEDICAID SERVICES

(Mr. THOMPSON of Pennsylvania asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. THOMPSON of Pennsylvania. Madam Speaker, lately we have heard from the Centers for Medicare & Medicaid Services about the Pelosi health care reform measure. Their 31-page actuarial report, released over the weekend, reads that the bill would increase costs over the next 10 years by \$289 billion.

This is not a partisan report. It comes from the people who run the Medicare and Medicaid systems in the country. They warn that the provisions of the bill could lead to doctors and hospitals turning away Medicare patients.

They warn that some 18 million Americans will choose to pay a much lower fine than buy expensive health insurance coverage, because when they

get sick and truly need insurance, they can buy it, since they won't be turned down for preexisting conditions.

They warn that a crush of new patients would shock the system.

They warn that the plan to cut more than \$500 billion from future Medicare spending would sharply reduce benefits for some seniors and could jeopardize access to care for millions of others.

CMS should not have to issue warnings about the impact of a major piece of legislation that promises to change our entire system of health care and make it worse.

NEWSWEEK WINS LAPDOG AWARD AGAIN

(Mr. SMITH of Texas asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SMITH of Texas. Madam Speaker, for the second time in a row, Newsweek is the winner of the Media Fairness Caucus' highly uncoveted "Lapdog Award" for last week's most glaring example of media bias.

The poster to my left of Newsweek's cover story features former Vice President Al Gore with the caption, "The Thinking Man's Thinking Man." The previous Newsweek cover featured President Obama with the caption, "Yes He Can," a variation of his campaign slogan. Before that, it was Vice President Joe Biden. "A Vice President to be Reckoned With." And Newsweek's latest cover features Governor Sarah Palin and says she is, "Bad News." It is no wonder five out of six Americans say the national media are biased, according to a recent public opinion poll.

If you want the liberal slant, read Newsweek. If you want the facts and news, you might want to look elsewhere.

WHY, MR. PRESIDENT?

(Mr. DANIEL E. LUNGREN of California asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DANIEL E. LUNGREN of California. Madam Speaker, I rise to protest the misguided decision by President Obama and his Attorney General to bring Khalid Sheikh Mohammed and four terrorist suspects from Guantanamo Bay to New York City.

What an insult to the memory of those who lost their lives. The very man who masterminded that attack now will get his fondest wish. When he was captured on the battlefield, he said, Let me go to New York, and let me have my attorney. He will have his attorney. He will be in New York, just a stone's throw from the site of death by he and his compatriots.

What reason could we possibly have to bring them to the United States? Why, Mr. President, why, when we have Guantanamo, when we have military tribunals that are not only capable but